

# Caruso 6 Notes

The image shows three staves of musical notation for the 'Caruso 6 Notes' exercise. The music is in 4/4 time. Each staff contains six measures. The notes are: B4 (quarter), T4 (quarter), P4 (half), a whole rest, B3 (quarter), T3 (quarter), and P3 (half). The attack markings 'B', 'T', and 'P' are placed below the notes. The first three notes of each staff are highlighted with a light blue background.

**Quarter note = 60**

**Tap foot**

**Volume is *mf*.**

**B = Breathe attack**

**T = Light tongue attack - keep air moving and play with steady air**

**P = Push of extra air, like a surge in volume**

**Do not move the mouth from the mouthpiece**

**Keep the embouchure firm at all times and repeat the exercise (as written)**

**Play as relaxed as possible without straining**

**By the end of the exercise, your corners of your mouth should burn**

**Get the lactic acid out of your embouchure and lips by flapping them or play pedal tones**

**Rest 10 minutes**

**Try to do this exercise before Caruso 2nds**

Adapted by Mark Zauss -

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